My Federal pension: I receive \$613.59 per month plus a Guaranteed Income Supplement of \$160.04 per month. These pension rates would have been fantastic in the 1960's. But today in 2017 when the average rental amount is between \$900 - \$1,000 per month, how does the Federal government expect Seniors to not loose their homes and eat properly. You're probably thinking I should have had a company pension and an RRSP or some savings. Well for the last 18 years companies are no longer offering company pensions to their employees and if they do, they will get rid of you so you don't get a pension. With precariousness of work, it's impossible to save, or put money in an RRSP.

My recommendation to the government is to hike up the pension rates to be in line with the year 2017 standard of living. The pension rates for OAS should take into account a rental amount of \$900.00 per month, plus monthly income for food of \$40.00 per week or \$160.00 per month. The recommended monthly pension for OAS should be \$1060.00 per month.

The present Guaranteed Income Supplement is a joke. It too needs to be more in line with the year 2017 standard and cost of living.